



AUTHOR. HOST. LIFE COACH. PHILANTHROPIST.

TASHIMA JONES

---

TASHIMA JONES MEDIA, LLC

EST. 2006



# A LOOK INSIDE

**03** LIFE COACH

**05** HOST

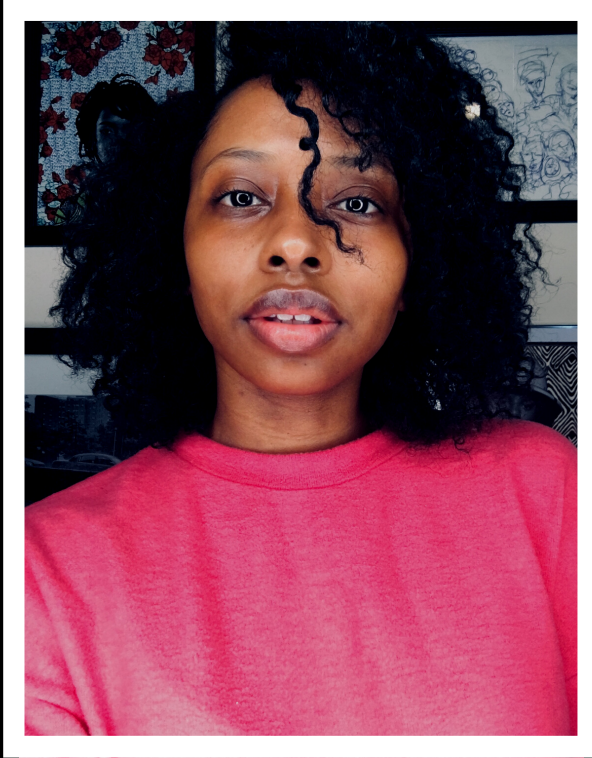
**08** AUTHOR

**12** PHILANTHROPY

**15** APP & AUDIENCE

**20** CONTACT

LIFE COACH.



**As a life coach**, I focus on inner wealth and support individuals seeking a better quality of everyday life. Subject areas include establishing a healthy self-awareness, reconnecting with one's self, and building a wholesome money mentality.

**My coaching is** for the person who seems to have it all but still feels unfulfilled or the individual who thinks that having more will result in greater success. One of my greatest accomplishments is finding balance and genuine happiness. At my lowest moment (after the degree, house, luxury car, and platinum wedding ring), I discovered my true self and the right way to enjoy physical assets.

**With a background in business**, I've worked in tech, fashion buying, real estate, and wealth management marketing. I am certified to teach, studied psychology at a master's level, was the editor-in-chief of an entertainment start-up publication, and even co-hosted and produced a financial literacy radio talk show. After literally trying everything I thought I desired, I soon realized it was all one big classroom in preparation for my life's work. Through observation and conversation with creatives, entrepreneurs, and millionaires, I have verified this remarkable truth: that physical abundance does not equate happiness.

**My deepest intention is** to equip you with helpful tools on how to have the best of the internal world to truly enjoy the five-sensory world. I look forward to being part of your journey of becoming your best self so that you can ultimately live your best life.



HOST.

# ***Live life better one breath at a time.***

That feel-good podcast, with listeners in over 10 countries across 6 continents, focused on personal development and delivering practical tips & tools on how to fix your life from the inside, out.

---

## **LISTEN & SUBSCRIBE**

TJMTv - The App

iHeart Radio

Google Play

Spotify

Stitcher

iTunes

YouTube

LifeClub  
w/ **Tashima Jones**

## **CONTACT**

[www.tashimajones.com](http://www.tashimajones.com)

[lifecclub@tashimajones.com](mailto:lifecclub@tashimajones.com)





LIFECLUB

*intentional practices*

**GREATNESS  
IS INTENTIONAL.**

Sign Up

Explore more

Starting Soon...

# JOIN THE CLUB

LifeClub is a self-paced learning space for the individual seeking inner wealth & a better quality of everyday life. Each course, download, and event is designed to equip you to be your best self in order to live your best life.

[www.tashimajones.com/lifeclub](http://www.tashimajones.com/lifeclub)

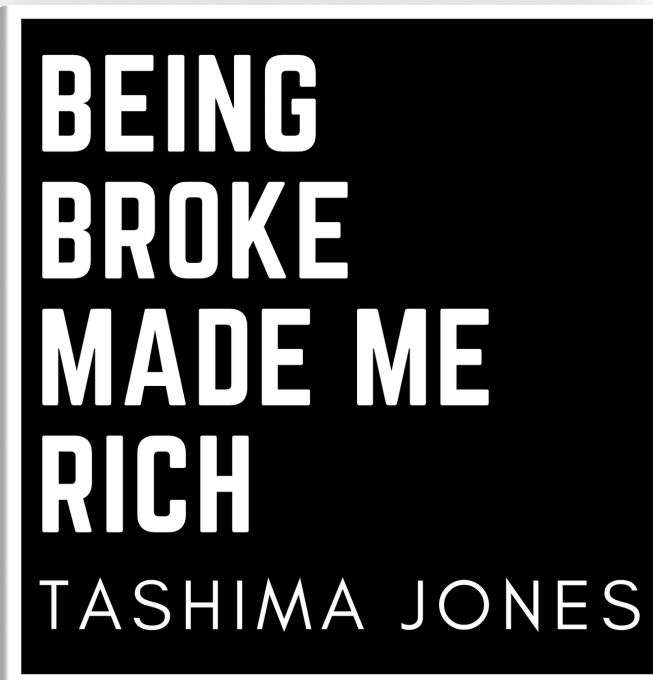
AUTHOR.

# ***Being Broke Made Me Rich* is a financial memoir about the entrepreneur's journey to riches and enlightenment.**

"...a wonderful message. Delighted."  
- **New York Times Best Selling Author**  
**The Millionaire Next Door**

"...captivating. Spirit moving. Heartfelt. Started reading and couldn't stop."  
- **Young NYC Attorney + Game Changer**

"...really hit home as an independent artist. The journey is real, #BBMMR put it all in perspective ."  
- **Freelance Graphic Designer + Musician**



"...right time. Confirmed my purpose. Things I've tried to piece together you put into words."  
- **On a Quest for Inner Peace + Happiness**

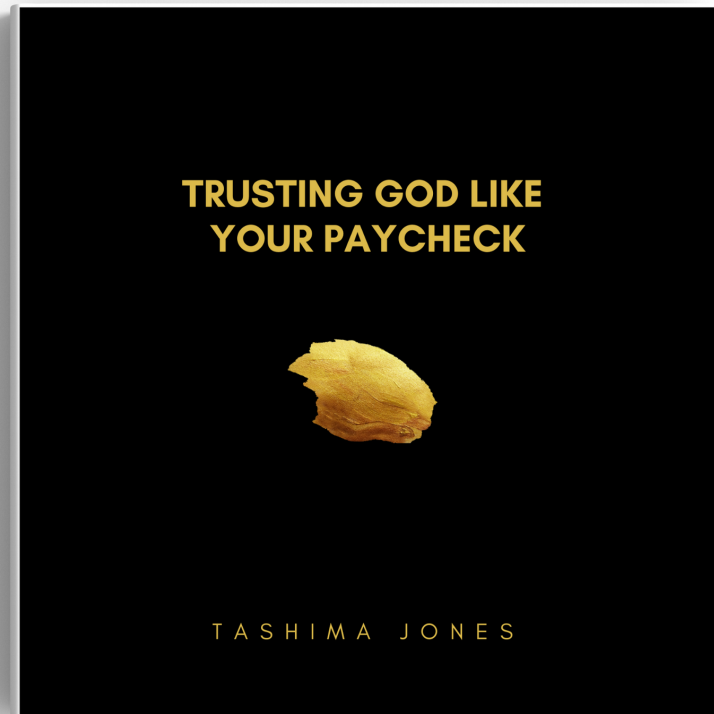
"...a complete package...a great reminder of what being rich is & reveals the best currency."  
- **Personal Finance Expert + Media Personality**

**Available On**  
**TashimaJones.com/store**  
**& Amazon.**



# ***Trusting God Like Your Paycheck***

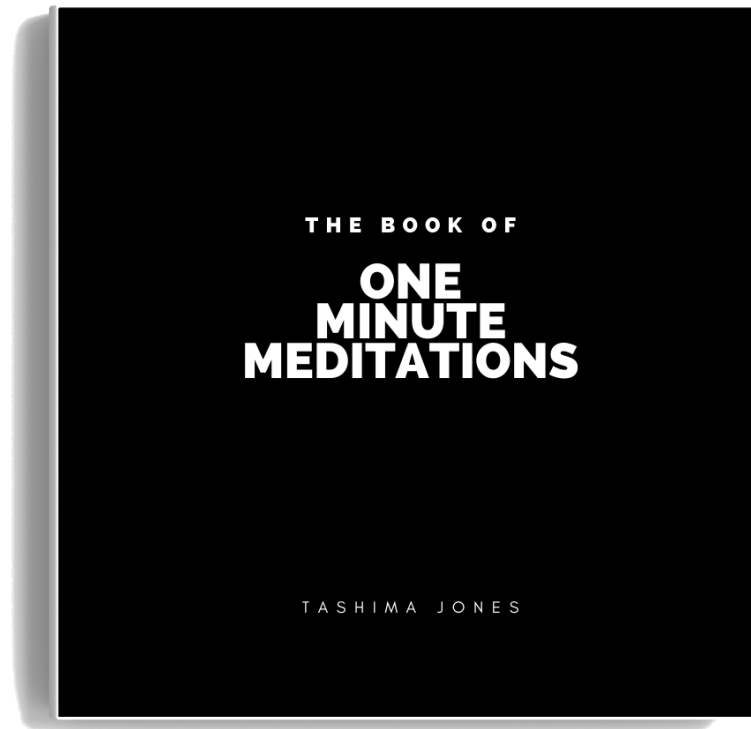
It took thirteen years to complete this book.



**Available On**  
TashimaJones.com/store  
& Amazon.

# ***THE BOOK OF ONE MINUTE MEDITATIONS***

66 Meditations that have the potential to change  
your life.



**Available On**  
TashimaJones.com/store  
& Amazon.

PHILANTHROPIST.



A TASHIMA JONES MEDIA CREATION

# CONNECTS

TJM Connects, Inc — A fresh 501c3 focused on media, film, art, music, and the creative economy. The heart of CONNECTS is to inspire creatives and highlight the importance of information - sharing and relationships within business.



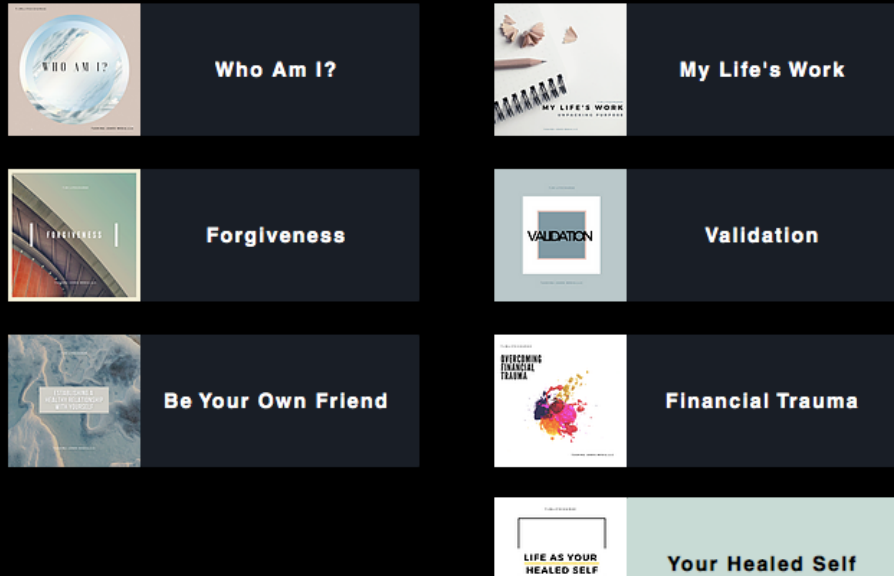






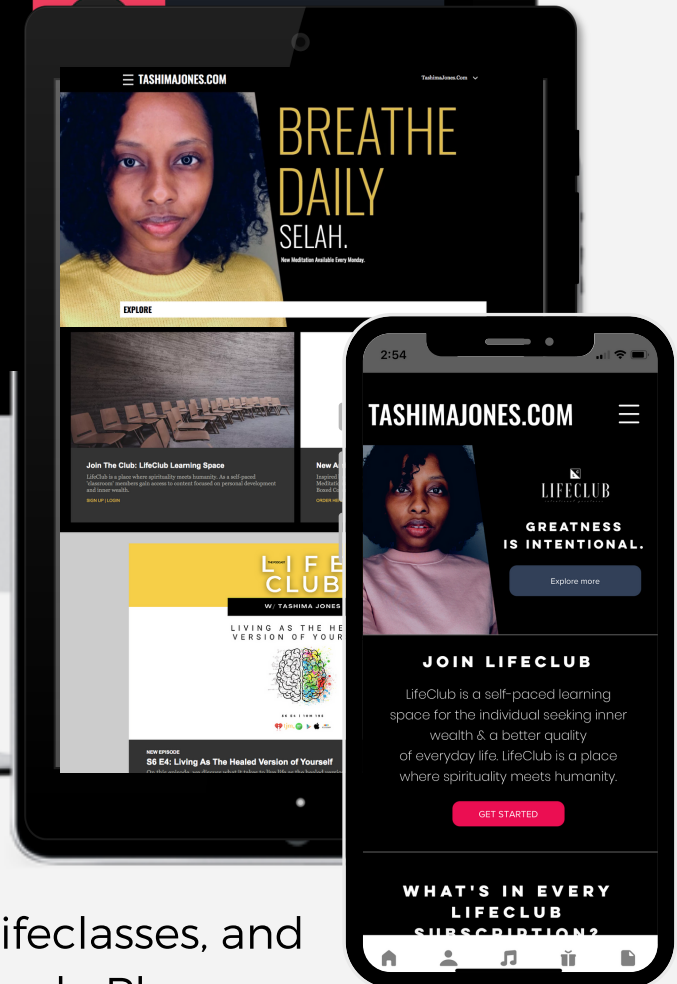
APP & AUDIENCE.

Our class categories focus on inner wealth, wholeness, and overall personal development.  
Each course is designed to assist you in becoming your best self so that you can ultimately live your best life.



# GET TJMtv. ANYTIME. ANYWHERE.

Download TJMtv app and watch shorts & shows, take lifeclasses, and access exclusive content . Available on App Store & Google Play .



# ***Our Audience***

Our audience is an intimate group of **creatives** in the arts, entertainment, & entrepreneurship with an interest in **seeking** their **higher self**.

## **Gender**

47% Women  
53% Men

## **Age**

25 - 34  
35 - 44

## **Location**

New York  
Atlanta  
Los Angeles

Plus Canada and Countries  
in Africa, Asia, Europe,  
Australia, and South  
America.

A  
Trusted  
Voice

2.2k+  
Followers

10.9K+  
Downloads

Long-term  
Quality  
Driven

## COLLABORATORS, CONTRIBUTORS, & CLIENTS

Fader	Gianni Lee, Artist, DJ, Designer Babylon Cartel
MetroPCS	Sway Calloway, SWAY's UNIVERSE/ SHADE 45
RUSHCard	Michael "Boogie" Pinckney, Assistant Director
Black Enterprise	Kells Barnett, Fashion, Harlem Haberdashery
Ryan Leslie, Music	LaVarro Jones, Necessary Studios, VICELAND
Tracey Moore, Film	Marlo "Topchef" Miller, Chef Club, Coke Boys
Kelly Kinkaid, Producer	Priscilya Hawkes, Entertainment Lawyer
Tasha Smith, Empire, Actress	Nikisha Bailey, Universal Music Group
Cardan, Artist, Writer, SONY ATV	Josh Barker, Amsterdam News
Your Voice Media, Digital Publisher	Cary Carbonaro, CFP®, Author
Saleda Bryant, TV, Media, Producer	Sigourney Salley, VH1 Stylist
Gina Torres, UWG Digital PR Director	Ash Cash, Finance, Author
Lyn Hobson, Author, Publicist, Director	GG Townson, Actress
Jazz Young, Music, Marketing, Professor	Harlem Arts Alliance
Eric Thomas, Author, Motivational Speaker	B.O.R.N to Style, FYI
Walter Miller, VH1 Black Ink, Photographer	Ameriprise

# ***People are talking...***

"You have a wonderful message...  
Delighted that I was able to help you  
see the Truth!

Keep up the good work."

**- William Danko,**

*Marketing Professor,*

*New York Times Best Selling Author*

"Please keep doing what you are  
doing, we need people  
like you if we are to succeed."

**- LaVarro Jones,**

*LaVarro Productions*

*Necessary Studios*

"What you're doing is awesome."

**- O.V.B. ,** Daily News

"Thanks so much for your tips.

...so helpful."

**-Johnny Voltik & 86 Supreme,**

*Muscian/Band*

"[Gave us] the largest event  
since our grand  
opening!!!"

**- Ameriprise**

"No one in NYC is doing  
what you're doing!"

**- Nikisha Bailey,**

*Universal Music Group*

"You remind me of me.

This was therapeutic.

Thanks for having me. ."

**- Sway Calloway,**

*SWAY's UNIVERSE*

"I really appreciate your help  
and support! It was  
great talking to you!"

**-Kris Rhymes,** Visual Artist

"@TashimaJonesmedia was great.  
So many talented artists in NYC."

**-Lafayette Stokely,**

*Artist/Musician*

"You really helped our team.  
It has us thinking in a new way."

**-Aaron Miles,** Talent Manager

"You're event had the greatest  
turn out this week.

So happy to work with you."

**- Harlem Arts Alliance**

"Your professionalism and brand  
management are  
irreplaceable. You're truly a  
Marketing Maven!!."

**- Ash Cash,**

*Author &*

*Finance Expert*

"You were amazing. Looking  
forward to future projects."

**- Sirita Wright,**

*Black Enterprise Digital Marketing  
Manager*

"It was great!"

**- J.B.,** Amsterdam News

"Big shout to @tashimajones."

**- Bucaleany,**

*Designer/Label*

"You're innovative.

Such a forward thinker. "

**- Marlo Top Chef,**

*Coke Boys & Chef Club Wear*

"Shout to @tashimajones! She did a  
huge deed for my [brand management]."

**- King Sharif,**

*Entertainment Host*





## CONTACT

### New York City

Tashima Jones  
tjm@tashimajones.com  
www.tashimajones.com

### TJMtv

tjmtv@tashimajones.com

### Download App

App Store  
Google Play  
tashimajones.com/tjmapp

### LifeClub - Member's Content & Podcast

lifeclub@tashimajones.com

### Advertise

ads@tashimajones.com

[Back to Site](#)